

RVCC Youth SUD and Mentorship Programs



**Providing youth three levels of
treatment and mentorship**



River Valley
Counseling Center

A Member of ServiceNet

Providing youth three levels of treatment

Welcome to Project AMP

Providing youth three levels of treatment and mentorship:

S.O.A.R

Skills, Opportunities, and Recognition

4–6 Sessions, 30 mins each

TIER 1

IDEcide

Intervention, Diversion, Empowerment in
Drug Education Program

7–14 Sessions, 45 mins each

TIER 2

A-CRA

Adolescent Community Reinforcement
Approach

10–14 Sessions, 45 mins each

TIER 3



SOAR

A brief mentorship intervention program that can help students manage stress, develop goals, navigating social pressures, supporting students who are at moderate risk for substance use and working towards achievement.

This program is a Tier 1 level of care

IDECIDE

Promotes education and empowerment, instead of punishment, as an equitable response to adolescent substance use. Providing youth with a science-based, critical skills and challenges youth to make decisions that align with their core values and future goals to support their own personal well-being.

This program is a Tier 2 level of care

IDECIDE provides FOUR modules:

- Scientific Understanding
- Industry Tactics
- Identify & Response
- Sense Of Empowerment

A-CRA

Provides brief, intense, evidenced based treatment for 12–24-year-olds to support substance use recovery. A-CRA is a minimum of 10–14 sessions, which includes 1–4 sessions with Parent/Caregiver. Session will help support the individual and their caregiver develop communication skills, problem-solving skills, manage anger, and navigating life goals and skills.

This program is a Tier 3 level of care

Referral Information

Anyone can refer a youth to anyone of our programs, and youth can also self-refer themselves. All Project AMP programs are FREE of cost for all Holyoke High Students. Referral form can be found on our RVCC website using the barcode below or can touch base with the youth school counselor or adjustment counselor at Holyoke High School.

Availability of Programs

All programs are available throughout the school year and provide an additional summer program for youth. This includes:

- One-to-one mentoring
- Transportation for all students
- Free summer lunch
- Field Trips
- College Visits
- Job/Career Searching
- Building a resume
- Supporting students with Driving Permit application process, etc.



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