

# Adolescent Community Reinforcement Approach (A-CRA) *to support substance use recovery*



A-CRA is brief, intensive, evidenced based treatment for 12-24 year olds to support substance use recovery. A-CRA is a minimum of 10-14 sessions, which includes 1-4 sessions with Parent/Caregiver. Therapeutic groups will be an additional intervention offered during treatment to support peer connection, education and skill building/practice.

This program is offered by River Valley Counseling Center  
in both Holyoke & Chicopee.

For questions, please contact  
[rvccacra@holyokehealth.com](mailto:rvccacra@holyokehealth.com) or (413) 540-1234 x 2



 **River Valley Counseling Center**

*A member of Valley Health Systems*

[www.rvccinc.org](http://www.rvccinc.org)