

Adolescent Community Reinforcement Approach (A-CRA) *to support substance use recovery*



A-CRA is brief, intensive, evidenced based treatment for 12-24 year olds to support substance use recovery. A-CRA is a minimum of 10-14 sessions, which includes 1-4 sessions with Parent/Caregiver. Therapeutic groups will be an additional intervention offered during treatment to support peer connection, education and skill building/practice.

This program is offered by River Valley Counseling Center in both Holyoke & Chicopee.

For questions, please contact Amanda Hichborn:
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River Valley Counseling Center

A member of Valley Health Systems

www.rvcc-inc.org